As you watch the video *How to Grow Carnivorous Plants Inside?* fill out these guided notes. The questions are in order. Hint: read these statements *before* you watch the video, to better understand what to look and listen for.

1. One problem of growing carnivorous plants in your home is that some carnivorous plants go dormant and many grow in _____ sun or in ______ light.

2. *Drosera capensis* and *Drosera spatulata* can grow in a range of household temperatures and while slightly tolerant of lighting conditions, would do best on the _________ windowsill available.

3. Provide at least ____ or more hours of bright direct sun. Remember: the amount of sun depends on several factors including your hemisphere, the season, and external objects like trees and tall fences.

4. All carnivorous plants require pure water – like distilled, reverse osmosis, or ________.

5. Carnivorous plants get their energy from the ________.

6. Many Mexican *Pinguicula* are also good candidates for __________.

7. Growers divide *Nepenthes* into two groups: _________ *Nepenthes* and _________ *Nepenthes*.

8. Lowland *Nepenthes* are found closer to sea level and have a range of ________________.

9. Highland *Nepenthes* are found at higher elevations and have a range of ________________.

10. What are two conditions to focus on when growing *Nepenthes* indoors? ________________

11. If you have a plant-eating-cat, a ____________ might be a good idea.

12. Studies have even proven that houseplants improve ____________ and ____________, reduce stress levels and boost your mood!